

*Our mission is to care  
for you and your skin  
by incorporating proven  
medical treatments in a  
relaxed spa setting.*

**TALLMAN**  
MEDICAL SPA

SUMMER 2010

406.294.9660

www.tallmanmedicalsapa.com

*Where medical technology meets luxury...*

## Night of Beauty

SAVE THE DATE – SEPTEMBER 29

Tallman Medical Spa is proud to present the **4th Annual Night of Beauty on Wednesday, September 29, 2010**. Meet representatives from Botox/Latisse/Juvederm, Kinerase and Murad skin care. We will present exciting options for quick, nonsurgical cosmetic enhancements.

Our representatives from Murad will be on hand with their UV Camera so you can see the underlying damage that has been inflicted by the sun and environment. Dr. Philip Tallman will be available to perform Botox injections from 7 pm until 8:30 pm, and you will receive a ten percent discount on injections performed that night. Receive one-night only discounts for future services, update your home skin care regimen, and save on BeingTrue Mineral Makeup purchases.

Space is limited, so please call **406.294.9660** for your reservation today.

## MEET CASSANDRA KELLY

We would like to welcome Cassandra Kelly to the staff at Tallman Medical Spa.

Cassandra began working at the spa as an esthetician in July. She is a Billings native. After completing two years of college at MSU Billings she decided to pursue a career in skin care. Cassandra graduated with an esthetics license from the Academy of Nail, Skin, and, Hair in February 2009, where she also received an endorsement and additional education in microdermabrasion. She is married and has a five-year-old daughter. When not working she enjoys spending time with friends and family, dancing, swimming, kickboxing, shopping and cooking.



## *Also in this issue*

Spray Tanning

New Products From  
Murad® and Kinerase®

Summer Foot Care Tips

Winner of The Battle of  
the Bad Ink Contest

Summer Spa Specials

## WHY AIRBRUSH TANNING?



- 1 • Great for special occasions
- 2 • No UV rays, no burning
- 3 • Dermatologist recommended
- 4 • Won't age skin
- 5 • Instant tan in 15 minutes
- 6 • Rich golden tan...no more orange
- 7 • Helps hide skin imperfections
- 8 • No tan lines
- 9 • Makes you feel attractive
- 10 • Shade for all skin types

## DEVOTED CREATIONS

Get a glamorous, radiant, all-natural looking tan that lasts for days or use it to extend the life of your spray tan! This oil-free formula dries fast & absorbs quickly, while nourishing your skin with exotic moisturizers and giving you a natural and healthy glow. It's good for all skin types and gradually darkens the skin over time. As long as you wash your hands right away once done applying it, you won't have to worry about any leftover remnants of this product, except gorgeous looking sun-kissed skin!



## INTRODUCING MURAD HYBRIDS

Now you can mask your skin concerns while you resolve them. Murad Hybrids are 2-in-1 problem solvers that blend an instant tint to disguise skin flaws while providing an advanced treatment to improve skin's health. Hybrids are formulated with high concentrations of antioxidants, hydrators, botanicals/fruit extracts, minerals, vitamins, and amino acids.

There are two skin perfecting primers available. These are not foundations, but primers that create a smooth, resilient canvas. The primers create a perfect skin tone match, minimize the appearance of pores while balancing oil production, and evens skin texture and tone to help disguise flaws. Two formulations are available. There is a matte finish which creates a delicate powder finish that's shine free and a dewy finish which gives skin a radiant glow.

Also available are two unique eye lifts. These eye treatments help to even tone and rapidly restore a youthful look to the eye area. The eye lifts instantly minimize the appearance of dark circles, increase skin firmness by 50% in 15 minutes for a visible lift, and hydrate and depuff the eye area. Two formulations are available. The perfector is a natural-tinted formula that perfects skin tone in the eye area and the illuminator is a neutralizing violet formula which brightens the eye area.

These multi-tasking formulas give you just the right amount of coverage, for a look that's perfectly polished.



## KINERASE PRO + THERAPY

Reduce Wrinkles, Puffiness & Dark Circles for Younger Looking Eyes in Just 28 Days



Kinerase C8 Peptide Under Eye Treatment expands upon the anti-aging benefits of the popular C8 Peptide into a focused, targeted treatment for the delicate eye area. This cooling treatment gel is fortified with a higher concentration of C8's signature blend of Kinetin and Zeatin, SNAP-8 neuropeptide and Vitamin C to work synergistically. The proprietary blend strengthens thin, delicate skin to minimize dark circles, helps reduce puffiness from excess fluid build up, and visibly diminish crow's feet and deep wrinkles around the eyes.

## PUT YOUR BEST FOOT FORWARD



Now that summer is here and the sandals are on, it's time to give your feet some tender loving care. Summer months are when your toes are most exposed so follow these five tips to keep your feet in tip-top shape!

- ① Wash with lukewarm soapy water, rinse with cool water. Dry well especially between the toes.
- ① When you go out in the sun wearing sandals, make sure to apply sunscreen to your feet, just like the rest of your body parts.
- ① Scrub your feet, especially the heels with a foot buffer on a regular basis. It will help remove the dead cells and make your feet softer.
- ① Whenever you are applying moisturizer generously apply to the heels, avoiding the areas between the toes.
- ① To keep feet dry and odor free, make use of products like foot powders and foot sprays.



AND THE WINNER IS ...

## The Battle of the Bad Ink

The **Battle of the Bad Ink** was a huge success. Tallman Dermatology and Medical Spa had a unique and fun contest to help people get rid of their old, ugly or unwanted tattoos. We had many people come in to tell us the story of their terrible tattoo for a chance to win a package of six laser tattoo removal sessions at Tallman Medical Spa. The winner of the contest was Sarah Harris of Laurel. The story behind Sarah's terrible tattoo is as follows:

*"I was with some friends and they had been drinking. I was drinking tea and I was slipped something. I woke up the next morning with a homemade peace sign tattoo on my stomach."*

Sarah is currently undergoing treatment to remove her unwanted tattoo. Congratulations Sarah! Thanks to all who entered the contest. Remember all participants will receive 10% off their laser tattoo removal sessions.

*stay* C-O-N-N-E-C-T-E-D

Sign up for our monthly email to receive skincare tips and promotions by sending your name and email address to [spastaff@180com.net](mailto:spastaff@180com.net).

Become a fan of **Tallman Medical Spa** on **Facebook** and get the latest promotions, updates, and more! If you have not already, join us by searching for Tallman Medical Spa and clicking our "Become a Fan" button.



 Find us on  
**Facebook**

[www.tallmanmedicalspa.com](http://www.tallmanmedicalspa.com)

## TUESDAYS ARE TOES DAYS – 20% off

Sandal season is here so treat yourself to a relaxing spa pedicure. Every Tuesday we offer 20% off our spa pedicure service. We offer single pedicures for a relaxing getaway by yourself, or you could double the fun with a friend and enjoy a relaxing spa pedicure together. Come see Vicki and she will keep your feet summer ready.

*Valid through August 31, 2010.*



## GET ACQUAINTED WITH CASSANDRA

During the month of August when you have a facial with Cassandra you will receive a complimentary upgrade to a microdermabrasion facial. The latest technology in medical microdermabrasion is the DiamondTome, offering superior results with no messy crystals and minimum patient down time. By polishing the top skin layer with diamond chips then vacuuming the dead skin, this treatment is ideal for reducing early aging lines, age spots, sun damage and acne scarring.

## TANNING THE SAFE WAY

**Keep Your Healthy Glow All Summer Long.**

Tallman Medical Spa recommends sprays over rays.

Our summer spray tan special is one session \$20 or a package of six for \$99. If you are new to spray tanning with us, your first session would be half price (\$10) to get you started. Call the spa at 294-9660 to schedule your appointment.

*Offer good through August 31, 2010.*

SUMMER SPA SPECIALS



PRSR STD  
US POSTAGE  
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