

## Tuesdays are Toes Days!

Sandal season is on the way so treat yourself to a relaxing spa pedicure! Every Tuesday we are offering 20% off of our spa pedicure service. Come see Vicki and she will get your feet ready for summer!

Double your fun! Tallman Medical Spa now offers double pedicures. Bring a friend and enjoy a relaxing spa pedicure together!



[www.tallmanmedicalspa.com](http://www.tallmanmedicalspa.com)

## Spring Bonus Program

There is no greater compliment than the referral of a friend or family member. Existing clients that refer a new client\* to Tallman Medical Spa will earn a **FREE spa service**, i.e. facial, massage, manicure, or pedicure! See spa for additional details.

\*New clients must mention your name when they schedule. Expires 6/30/09.

TALLMAN MEDICAL SPA

SPRING 2009

**TALLMAN MEDICAL SPA**  
(406) 294-9660  
[www.tallmanmedicalspa.com](http://www.tallmanmedicalspa.com)

## What is a Medical Spa?

The perfect balance of clinical and luxury; a medical spa is a hybrid between a medical clinic and a day spa. Medical spas operate under the supervision of a medical doctor, in our case a Board Certified Dermatologist. While visiting a medical spa, patients are able to be pampered with traditional spa services but also have the options of medical spa services such as lasers, botox, and fillers. At Tallman Medical Spa we are able to use and carry products that are exclusive to physicians' offices.

Medical spas are defined by the presence and involvement of a physician in the treatment and care of patients. Dr. Philip Tallman, a Board Certified Dermatologist, is the Medical Director of Tallman Medical Spa. Dr. Tallman sets the standard for every aspect of your care with us. He has been performing aesthetic/cosmetic laser treatments since 1994. When he saw the high demand for these treatments, he decided to expand his practice in order to offer his patients more treatment options with a higher quality of customer service and care.

Medical Spas are distinguished from regular spas by offering medical grade treatments and products. We used professional strength products in our facials, massages, and skin treatments. Many of these products can only be used or sold under the supervision of a physician. Therefore, at a medical spa you are able to get a more effective result.

Our mission is to treat you and your skin with the medical and aesthetic treatments to the best of our ability by incorporating proven medical treatments in a relaxed spa setting. We are determined to exceed your expectations, both in the results we achieve and in the spa experience we create for you. Step into Tallman Medical Spa and leave your everyday stress behind. It's effortless here. Elegant and warm, the spa invites total relaxation. Our friendly, knowledgeable team is here with impeccable and personal service to help you get the most from each moment you're with us.



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Spring has sprung,  
time to pamper  
yourself!

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TALLMAN MEDICAL SPA

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## The Protective Qualities of BeingTRUE

Powered by Idebenone and natural sun defending minerals, our cosmetics are forward thinking rather than just a fix. Calming non-

comedogenic and non-irritating by nature, the BeingTrue Protective Mineral Collection minimizes flaws while offering skin complete coverage that is equally beneficial and safe for problem-prone or sensitive skin, even post procedure and rosacea prone.

These foundations, primers, and concealers deliver a new level of skin protection and perfection along with dramatic anti-aging benefits:

- Super antioxidant Idebenone delivers an environmental protection factor (EPF) of 95
- Mineral Foundation delivers and inherent, natural SPF 17
- The BeingTrue Antioxidant Complex of Vitamin E, Green Tea, and White Tea further protect from free radical damage.
- Non-comedogenic
- Oil-free
- Fragrance-free



### Protective Mineral Foundation

Behold the most elegant texture and true-skin, naked-feeling finish of any mineral foundation in this finely pressed compact. All with the natural chemical-free protection of Zinc and Titanium Oxides for an inherent broad spectrum SPF 17. Plus the anti-aging, skin-bettering protection of Idebenone and the BeingTRUE Antioxidant Complex. This non-comedogenic, non-irritating formula is equally beneficial to acne-prone and sensitive skin, even post-procedure. The loose powder offers a natural

radiant finish and the compact offers a natural matte finish. Apply one of 17 uniquely uniform shades with BeingTRUE brushes for personalized coverage and finish with BeingTRUE Transforming Mineral Mist.

### Protective Illuminating Concealer

Perfectly customize coverage to the challenge with these tri-component compacts. Each includes two anti-aging concealing shades to mix or use atop a micro illuminating neutralizer to mask discoloration and deflect light from flaws and fine lines. Contains skin brighteners to lift discoloration plus the anti-aging, skin-bettering protection of Idebenone and the BeingTRUE Antioxidant Complex.

### Protective Shadow Primer

This second skin gives a forgiving finish for a brighter bare eye or an ideal shadow base that retains pigment without creases. Apply a natural shield of minerals plus the anti-aging, skin-bettering protection of Idebenone and the BeingTRUE Antioxidant Complex. Perfect to hide and heal telltale signs of cosmetic procedures, it contains skin-brightening Vitamin K to help undo damage.

### Transforming Mineral Mist

This is the necessary finishing step to transform Protective Mineral Foundation into the ideal finish, making it instantly one with skin. Colloidal Gold and Silver plus the BeingTRUE Antioxidant Complex bathe skin in anti-aging benefits. This beneficial spray is alive with the BeingTRUE Signature Aroma, turning daily stress into positive purpose. Equally powerful alone, used night, day and absolutely in-flight. Without Idebenone.



## Clarisonic Pro vs. the Department Store Clarisonic

The Clarisonic Skincare brushes have burst on the scene as a leading product in skincare. These brushes clean your skin up to 6 times more than cleansing by hand, they help your skincare products absorb up to 61% more effectively, and are gentle enough to be used on all skin types.

You may have noticed that these brushes are being sold in many department stores. Although made by the same company, there are differences between the Clarisonic Pro model that we recommend and the standard retail model sold at department stores.



### Clarisonic Pro:

- 4 speeds for professional results.
- 2 buttons (power level adjustment and to utilize pulse function for spot head.)
- Accepts Spot Brush Head attachment for body treatments.
- Professional series are only sold through authorized professionals so they can assist you with any questions.
- 60 day money back guarantee.
- Same price as the retail model.
- Year long subscription to Women's Health.

### Clarisonic Retail:

- 2 Speeds.
- 1 button.
- Will not accept Spot Brush Head attachment for body treatments.
- No professional instruction or recommendation.
- 30 day money back guarantee.
- Same price as the Pro series.

As you can see there are many benefits to purchasing the Clarisonic Pro Skincare brush, and at the same price as the retail brush you are getting a better product for your money. Let Tallman Medical Spa help you with all of your skincare needs.



## Our Newest Spa Assistant



Sara Grimm has been working at Tallman Medical Spa since December 2008 as a spa assistant. She attended MSU-Billings, pursuing a degree in Nursing. Sara has lived in Billings since 1989 and is married and has 3 children, ages 7, 5, and 3. In her spare time, Sara enjoys family get togethers, playing pool league with her husband, spending time at the family cabin, reading and cooking. She is active in the Billings Community, serving on the Board of Directors at Community Day Care and Enrichment Center and is active in their church. She is currently training to perform the laser treatments.