

Our mission is to care for you and your skin by incorporating proven medical treatments in a relaxed spa setting.

TALLMAN MEDICAL SPA

SPRING 2017

406.294.9660

www.tallmanmedicalspa.com

Where medical technology meets luxury...

SPRING CLEAN YOUR SKINCARE ROUTINE!

Warmer days are headed our way! After the long winter we've had, we are all ready. Spring is a perfect time to freshen up your skincare routine with these tips.

1. Check expiration dates.

It's a good idea to do this at least twice a year. SPF products, makeup, and skin care products do expire, and expired products lose their effectiveness and can cause break-outs and bacterial infections. If in doubt, throw it out!

2. Wash your brushes.

Makeup brushes are prime breeding grounds for bacteria. If you use your brushes every day, you should be washing them every week. You can use a brush cleanser or gentle cleanser to clean your brushes well, then let them air dry.

3. Update your daily moisturizer.

Most of us do not have the same skincare needs year-round. Your winter moisturizer is probably too rich for summer, and your summer moisturizer is often lighter and may contain more SPF.

4. Exfoliate for sunless tanning and sandal season.

Start prepping your skin by using an exfoliating body scrub like our Strawberry Rhubarb Dermafoliant or SunFX Body Polish to give you the best result with your sunless tanning products. Also, try our super exfoliating foot peel, Baby Foot, a simple way to have baby soft feet. Top it off with a pedicure to brighten up those toes! U



Also in this issue

- SkinMedica – Lytera 2.0
- Éminence's New Detox Line
- Cassandra's Picks
- Spring Detox Smoothie
- Kybella Rebates
- Seasonal Specials!



WHAT'S NEW AT THE SPA

SKINMEDICA'S LYTERA 2.0

Introducing the NEW innovative Lytera 2.0 Pigment Correcting Serum. The advanced formula corrects the appearance of stubborn skin discoloration regardless of skin type or tone. Now available at our office, stop by today.

What sets LYTERA 2.0 apart from the original Lytera Skin Brightening Complex?

- LYTERA 2.0 is now formulated without retinol.
- The new formula has been clinically tested on a wide range of skin tones.
- LYTERA 2.0 features new technology to impact how the body produces melanin.
- 100 % of patients reported visible improvement in hyperpigmentation in just 12 weeks.
- You can use LYTERA 2.0 alone or alongside products that contain hydroquinone.
- \$20 Instant Rebates from Brilliant Distinctions while supplies last!

Visit with our Spa Staff to find the SkinMedica skin care routine best suited to your needs.

NEW FROM ÉMINENCE ORGANICS: Detox • Renew • Infuse

Stone Crop Cleansing Oil: Restores balance and removes impurities.

Bring balance back to the skin and remove impurities with this non-greasy cleansing oil packed with microgreens. Éminence has paired balancing, moisture-rich sunflower and jojoba oils with brightening stone crop to deliver dewy, soft skin after every use. Use alone, or as a makeup remover in a two-step cleansing process.

Stone Crop Oxygenating Fizzofoliant: Brighten and invigorate with light fizzing action.

This powder-to-foam exfoliant uses potent micro-greens, rice flour and adzuki powder to give skin a gorgeous, youthful glow. The refreshing fizzing action delivers oxygen to the skin, stimulating its natural healing functions while stone crop brightens and rice flower with adzuki powder gently buffs and smoothes the surface. Skin is perfectly cleansed and gently exfoliated, leaving it invigorated and softened.

Lotus Detoxifying Overnight Treatment: Revitalize and detoxify for a radiant glow.

Wake up to revitalized, radiant skin with this lightweight gel cream treatment infused with melt-in jojoba oil beads. Worn overnight, this treatment helps prevent water loss and supercharges the skin with vitamins and minerals for a dewy complexion. Layered under a moisturizer, it delivers daytime detoxification and defense against environmental stressors.



Cassandra's Pick Lotus Detoxifying Overnight Treatment

Sleep masks are the latest skin-care obsession. Originating in Korea, they have now gained popularity worldwide. The masks are designed to be applied before bed and rinsed off in the morning. The skin can lose a lot of water while we sleep and this treatment locks in moisture, increases blood flow and refines the pores.



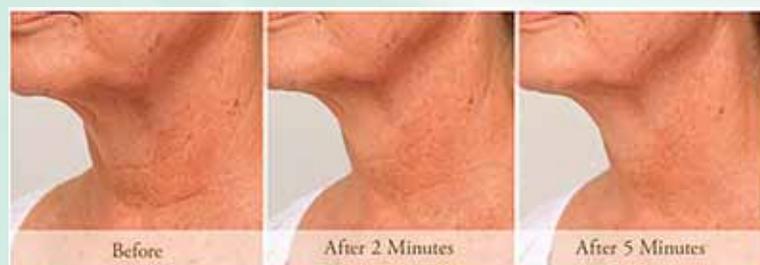
The lightweight gel formula is suitable for all skin types. My favorite features of this product are the jojoba oil spheres that melt into the skin when it's applied, the detoxifying microgreen complex that will help to remove toxins and nourish the skin while you sleep, and the fact that this treatment doesn't have to be worn just at night. It's versatile and can be worn during the day under your favorite SPF to boost moisture and help fight against environmental aging. Give this product a try and wake up to a revitalized, radiant and glowing complexion.

\$400 Kybella Rebates when you purchase two treatments!

Say goodbye to double chins without surgery and no downtime!

Kybella is an injection that is indicated for improvement in the appearance of moderate to severe submental fullness. Submental fullness, sometimes referred to as "double chin," is a common condition that can impact both women and men. Sometimes, no matter how much you diet or exercise, the condition may not go away, and can make you look older and heavier than you are.

See noticeable difference for yourself



SPRING DETOX SMOOTHIE

This healthy smoothie full of naturally detoxifying fruits and veggies will help you feel great this spring!

- 1 cup green tea, chilled
- 1 cup loosely packed cilantro
- 1 cup loosely packed organic baby kale
- 1 cup cucumber
- 1 cup pineapple
- juice from 1 lemon
- 1 tablespoon fresh ginger, grated
- half an avocado

Place ingredients into a blender, puree until smooth, and enjoy!

Added Bonus

When you receive your Kybella treatment in March you'll also receive a FREE Eminence Hibiscus Ultra Lift Neck Cream, a **\$92 value!** Rejuvenate and tighten the delicate neck and décolletage area with this advanced formula. All-natural active ingredients give sagging skin a boost from paprika and edelweiss to ensure the neck looks smooth and instantly lifted.

Rebates and Bonus Gift available while supplies last! U



Hibiscus
Ultra Lift
Neck Cream

Spring Spa Specials

MARCH • Refresh your winter skin with **20% off** any single mild or medical grade SkinMedica Peel in the month of March. Recommended for brightening and exfoliating the skin.

APRIL • April is National Rosacea Awareness Month. Receive **30% off** your V-Beam Laser Package of three treatments purchased in the month of April.

MAY • May is Skin Cancer Awareness Month. Receive **15% off** the purchase of any product with an SPF during the month of May.



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LOOKING FORWARD TO MOTHER'S DAY

This Mother's Day treat your Mom to a Gift Card and receive a FREE GIFT

Gift Cards are calorie free and can be used for facials, manicures, pedicures, laser treatments, Botox, fillers, spa products, and more!

With your \$100 Gift Card Purchase get a **free** Apricot Body Oil.

Treat your mom or yourself to this beautifully scented body oil with many alternate uses for the ultimate apricot body oil experience: Oil for the bath, cuticle nail treatment, scalp care or conditioning hair treatment, waxing or hair removal after care, stretch mark prevention, mix with the Strawberry Rhubarb Dermafoliant for an all over body scrub, or as a body fragrance!

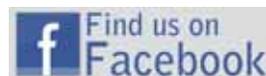
Through 5/14/17 while supplies last.



STAY C-O-N-N-E-C-T-E-D



Sign up for our monthly email to receive skincare tips and promotions by sending your name and email address to info@tallmanmedicalspa.com.



Become a fan of Tallman Medical Spa on Facebook and become eligible for prizes and promotions that are **exclusive to Facebook!**