

Our mission is to care for you and your skin by incorporating proven medical treatments in a relaxed spa setting.

TALLMAN
MEDICAL SPA

SUMMER 2018

406.294.9660

www.tallmanmedicalspa.com

Where medical technology meets luxury...



New at the Spa: Restylane Refyne and Defyne

What makes Restylane Refyne and Restylane Defyne different?

These new products from Galderma have been called "next-generation" hyaluronic acid fillers. Hyaluronic acid (HA) is a substance that occurs naturally in the body, binds to water, and retains moisture in the skin. It fills in the spaces between fibers of collagen and elastin and plumps up the skin for a more youthful look.

NEW LAUGH LINE SOLUTIONS

Introducing Restylane[®] Refyne & Restylane[®] Defyne, two new hyaluronic acid gel fillers for laugh lines (nasolabial folds & marionette lines) made with XpresHA[™] Technology that helps maintain natural expression in motion. So your smiles, laughs, frowns and kisses look natural and supported.^{1,2}

Restylane[®] New Restylane[®] New

Unlike other hyaluronic acid fillers, Restylane Refyne and Restylane Defyne incorporate new "XpresHA[™]" technology that allows movement of the fillers within the face. Whether you are laughing, smiling, frowning, or making any expression that causes the face to wrinkle, these HA gels can flex within your skin for a look that is soft, natural, and never stiff.

This unique characteristic makes Restylane Refyne and Restylane Defyne particularly suitable for the treatment of laugh lines. These products are both designed and FDA approved for mid to deep injection into the facial tissue to correct facial wrinkles and folds. Although they are being newly introduced in the U.S., they have been approved and used in Europe since 2010 under the name "Emervel."

Call 406.294-9660 today to schedule your appointment!

Sun Care Protection – Fact vs. Fiction

Fiction: Skin cancer is only caused by many years spent under the sun.

Fact: Just one sunburn can increase your risk for skin cancer, regardless of color.

Fiction: Wearing SPF is only necessary while at the beach.

Fact: Using sunscreen daily can reduce unwanted skin aging, in adults under the age of 55.

Fiction: People with darker skin tones do not get skin cancer.

Fact: Although melanoma is uncommon among darker skin tones, late detection and diagnosis leads to lower survival rate.



Fiction: Very few cancer cases are skin related.

Fact: One in five Americans will develop skin cancer in the course of a lifetime.

THE SCULPSURE DIFFERENCE

Even with diet and exercise, most people have stubborn pockets of fat that seem impossible to lose. SculpSure's non-invasive fat reduction technology has been clinically proven to reduce the number of fat cells in the treated area in just 25 minutes. Other fat freezing technologies remove heat from the fat cells, freezing and crystalizing them, which also damages their structural integrity. Though the two technologies provide results, SculpSure has significant advantages over fat freezing.



	SCULPSURE	FAT FREEZING
Treatment Time	Treatments take just 25 minutes per area.	Treatments take anywhere from 35 to 60 minutes per area.
Patient Selection	Treatments are customized for a variety of shapes and sizes.	Treatments are limited by how much fat can be suctioned into the appliance.
Comfort	Contact cooling technology keeps the skin comfortable during the treatment. SculpSure is a well-tolerated treatment.	Suction based applicators freeze and numb the treatment areas, leaving behind a frozen "butter stick." Post treatment massage is required which can be uncomfortable.
Safety Profile	Side effects are mild and temporary in nature, with the most common being tenderness.	Common side effects are numbness, bruising and itching. More adverse events reported include delayed onset pain, hernias and paradoxical adipose hyperplasia (thickening and expanding of fat cells in the treated area, which require liposuction to fix).
Results	The feathering of heat provides a natural-looking result.	Due to the technology, unevenness in the treatment area has been reported.
Patient Satisfaction	Clinical studies have shown 3% to 100% patient satisfaction rate.	Clinical Studies have shown 73% to 93% patient satisfaction rate.

SUMMER LASER SAVINGS: Hello Laser, Goodbye Razor!



Now is the perfect time to try GentleLase, the gold standard in laser hair removal. GentleLase is a laser hair removal technology offering safe, effective and permanent hair reduction. GentleLase uses advanced, "gentle" laser technology, eliminating the pain and inconvenience of shaving, tweezing, or waxing unwanted hair.

Summer Bikini Promotion:

Save 30% when you buy a package of three bikini treatments!

Offer valid through 8/31/18.

And while supplies last receive a **FREE Deck Scrub** with your Bikini Package purchase!



MICHELLE'S PICK

One of the nice things about working at Tallman Medical Spa is that we get to try many of the treatments we offer — it's a tough job, right? I was one of the first in our office to try Kybella, an injectable treatment that targets submental fullness, also known as a "double chin."

Since I've never been very happy with my profile, especially my double chin, when Dana asked for volunteers to train on Kybella I was the first in line! In all honesty, diet and exercise could help, but submental fat can also be caused by a hereditary trait.

The nice thing about Kybella is that it is customizable based on the treatment grid and the number of treatments you choose. Dana is able to feather out the injection points to smoothly reduce the submental fat as well as add definition to the jaw line.



Before



After 3 Treatments

The results of Kybella are permanent, so there is no reason to retreat once you get to your desired outcome. I won't lie, it was a painful treatment for the first few moments; kind of like being stung by 30–40 bees, and I swelled up like a bullfrog for the next few days, but the result was absolutely worth it. I've had a total of three treatments since Kybella was released, and I am very happy with my result.

SUMMER KYBELLA SPECIAL



Purchase 2 Kybella Treatments, get 30 units of Free Botox

A \$390 value! through 8/31/18

Do you have some extra fullness beneath your chin? Maybe it's something you've had your whole life, something that developed over the years, or something you noticed recently. Until recently, surgery involving anesthesia was the best option for anyone looking to achieve a sharper, tighter jawline. Not anymore!!! KYBELLA is the only injectable substance that the FDA has approved to dissolve stubborn under-the-chin fat.

Earn rewards when you are treated with KYBELLA! You'll earn Brilliant Distinctions points for savings on Kybella, Botox, Juvederm, and SkinMedica!

Register online at brilliantdistinctions.com



SUMMER SPA SPECIALS

JULY • **15% off** of the purchase of any SkinMedica product in the month of July.

AUGUST • **15% off** the purchase of any Epionce product.

SEPTEMBER • Receive a **FREE Lytera 2.0** (a \$154 value!) to help maintain your benefit after your Full Face Yag Peel during the month of September.

Monthly specials are also listed at tallmanmedicalspa.com. Check back often — specials are subject to change!



Referral Rewards Program

Make your friendships more valuable than ever! Get a **\$50 credit** for every new Botox, Filler, or Laser client that mentions you referred them. Plus, the new client **saves ten percent** on their first visit!



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